

Questions for Reflection

1 Do you have a recorded life history of the person you are caring for to share with others? How could you prepare one? Who might help?

2 What does quality of life mean for the person you are caring for?

3 What actions do you need to take to ensure the safety of the person you are caring for?

4 How can you adapt leisure activities so the person you are caring for can continue to enjoy them as their ability to function changes?

5 What changes do you need to make so that the person you are caring for can handle, with dignity, activities of daily living - such as eating, bathing, dressing, grooming and toileting?
